#### Ribbonness of a stable-ribbon surface-link, II. General case

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ABSTRACT

It is shown that any handle-irreducible summand of every stable-ribbon surface-link is a unique ribbon surface-link up to equivalences, so that every stable-ribbon surface-link is a ribbon surface-link. This is a generalization of a previously observed result for a stably trivial surface-link. Two applications are given. One application is an observation that a connected sum of two surface-links is a ribbon surface-link if and only if both the connected summands are ribbon surface-links. The other application is an observation that any sphere-link consisting of trivial components is a ribbon sphere-link, so that the fundamental group is a torsion-free group.

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#### 1. Introduction

This paper generalizes the previous result that a stably trivial surface-link is a trivial surface-link to the result that a stable-ribbon surface-link is a ribbon surface-link, [10]. A surface-link is a closed oriented (possibly disconnected) surface F which is embedded in the 4-space  $\mathbf{R}^4$  by a smooth embedding. When F is connected, it is also called a surface-knot. When a fixed (possibly disconnected) closed surface  $\mathbf{F}$  is smoothly embedded into  $\mathbf{R}^4$ , it is also called an  $\mathbf{F}$ -link. If  $\mathbf{F}$  is the disjoint union of some copies of the 2-sphere  $S^2$ , then it is also called an  $S^2$ -link. When  $\mathbf{F}$  is connected, it is also called an  $\mathbf{F}$ -knot, and an  $S^2$ -knot for  $\mathbf{F} = S^2$ . Two surface-links F and F' are equivalent by an equivalence f if f is an orientation-preserving diffeomorphism  $f: \mathbf{R}^4 \to \mathbf{R}^4$  sending orientation- preservingly F to F'. A trivial surface-link is a surface-link is a surface-link disjoint handlebodies smoothly embedded in  $\mathbf{R}^4$ , where

a handlebody is a 3-manifold which is a 3-ball, solid torus or a disk sum of some number of solid tori. A trivial surface-knot is also called an *unknotted* surface-knot. A trivial disconnected surface-link is also called an *unknotted-unlinked* surface-link. For any given closed oriented (possibly disconnected) surface  $\mathbf{F}$ , a trivial  $\mathbf{F}$ -link exists uniquely up to equivalences (see [6]). A ribbon surface-link is a surface-link F which is obtained from a trivial  $nS^2$ -link O for some n (where  $nS^2$  denotes the disjoint union of n copies of the 2-sphere  $S^2$ ) by surgery along an embedded 1-handle system, [?], [14, II, [25], [26], [27]. This object is an old concept in surface-knot theory, but in recent years it is considered as a chord diagram which is a relaxed version of a virtual graph diagram and a knotoid discussed in a plane diagram, [9], [8], [22], [23]. A stabilization of a surface-link F is a connected sum  $\overline{F} = F \#_{k=1}^{s} T_{k}$  of F and a system of trivial torus-knots  $T_k$  (k = 1, 2, ..., s). By granting s = 0, a surface-link F itself is regarded as a stabilization of F. The trivial torus-knot system T is called the *stabilizer* with stabilizer components  $T_k$  (k = 1, 2, ..., s) on the stabilization  $\overline{F}$  of F. A stable-ribbon surface-link is a surface-link F such that a stabilization  $\bar{F}$  of F is a ribbon surfacelink. Every surface-link F is equivalent to a stabilization of a surface-link  $F_*$  with minimal total genus. This surface-link  $F_*$  is called a handle-irreducible summand of F. The following result called *Stable-Ribbon Theorem* is our main theorem.

**Theorem 1.1.** Any handle-irreducible summand  $F_*$  of every stable-ribbon surfacelink F is a ribbon surface-link which is determined uniquely from F up to equivalences and stabilizations.

Any stabilization of a ribbon surface-link is a ribbon surface-link. So, the following corollary is obtained from Theorem 1.

Corollary 1.2. Every stable-ribbon surface-link is a ribbon surface-link.

A stably trivial surface-link is a surface-link F such that a stabilization  $\overline{F}$  of F is a trivial surface-link. Since a trivial surface-link is a ribbon surface-link, Theorem 1.1 also implies the following corollary, which is used to prove smooth unknotting conjecture for a surface-link, [10]. This result leads to 4D smooth and then classical Poincaré conjectures, [1], [11], [12], [18], [19], [20]. [21]

**Corollary 1.3.** Any handle-irreducible summand of every stably trivial surface-link is a trivial  $S^2$ -link, so that every stably trivial surface-link is a trivial surface-link.

The plan for the proof of Theorem 1.1 is to show the following two lemmas by a research of stabilization of a surface-link, [10].

**Lemma I.** Any handle-irreducible summand of any surface-link is unique up to equivalences and stabilizations.

Lemma II. Any stable-ribbon surface-link is a ribbon surface-link.

The proof of Theorem 1.1 is completed by these lemmas as follows:

**Proof of Theorem 1.1 assuming Lemmas I, II.** By Lemma II, any handleirreducible summand of every stable-ribbon surface-link is a ribbon surface-link, which is unique up to equivalences and stabilizations by Lemma I. This completes the proof of Theorem 1.1.

An idea of the proof of Lemma I is to generalize the uniqueness result of an O2handle pair on a surface-link earlier established to the case where the restriction on the attaching part is relaxed (see Theorem 2.2). An idea of the proof of Lemma II is to consider a semi-unknotted multi-punctured handlebody system, simply called a *SUPH system*, of a ribbon surface-link. Two applications of Theorem 1.1 are made. One application of Theorem 1.1 is the following theorem.

**Theorem 1.4.** A connected sum  $F = F_1 \# F_2$  of surface-links  $F_i$  (i = 1, 2) in  $S^4$  is a ribbon surface-link if and only if both the surface-links  $F_i$  (i = 1, 2) are ribbon surface-links.

This theorem contrasts with a behavior of classical ribbon knot, because every classical knot is a connected summand of a connected sum ribbon knot. In fact, for every knot k and the inversed mirror image  $-k^*$  of k in the 3-sphere  $S^3$ , the connected sum  $k\#(-k^*)$  is a ribbon knot in  $S^3$ , [2], [14, I]. A natural presentation of  $k\#(-k^*)$  is seen in a chord diagram of the spun  $S^2$ -knot of k as a ribbon  $S^2$ -knot, [9]. The following theorem is the other application of Theorem 1.1.

**Theorem 1.5.** Every  $S^2$ -link L consisting of trivial components in  $S^4$  is a ribbon  $S^2$ -link, so that the fundamental group  $\pi_1(S^4 \setminus L, x_0)$  is a torsion-free group.

Since there are lots of classical non-ribbon links consisting of trivial components such as Hopf link, Borromean rings, etc., this theorem also contrasts with a behavior of classical ribbon link.

The proofs of Lemmas I and II are given in Sections 2 and 3, respectively. In Section 4, the proofs of Theorems 1.4 and 1.5 are given. For the proof of Theorem 1.5, a characterization that a disjoint 2-handle system of a trivial surface-knot F in  $S^4$  producing an  $S^2$ -knot by surgery extends to a disjoint O2-handle pair system on F in  $S^4$  is used (See Lemma 4.1).

# 2. Proof of Lemma I

A 2-handle on a surface-link F in  $\mathbf{R}^4$  is a 2-handle  $D \times I$  on F with D a core disk embedded in  $\mathbf{R}^4$  such that  $D \times I \cap F = \partial D \times I$ , where I denotes a closed interval containing 0 and  $D \times 0$  is identified with D. Two 2-handles  $D \times I$  and  $E \times I$  on Fare *equivalent* if there is an equivalence  $f : \mathbf{R}^4 \to \mathbf{R}^4$  from F to itself such that the restriction  $f|_F : F \to F$  is the identity map and  $f(D \times I) = E \times I$ .

An orthogonal 2-handle pair (or simply, an O2-handle pair) on F is a pair  $(D \times I, D' \times I)$  of 2-handles  $D \times I, D' \times I$  on F such that

$$D \times I \cap D' \times I = \partial D \times I \cap \partial D' \times I$$

and  $\partial D \times I$  and  $\partial D' \times I$  meet orthogonally on F, that is, the boundary circles  $\partial D$ and  $\partial D'$  meet transversely at one point p so that the intersection  $\partial D \times I \cap \partial D' \times I$ is homeomorphic to the square  $Q = p \times I \times I$ . Let  $(D \times I, D' \times I)$  be an O2-handle pair on a surface-link F. Let  $F(D \times I)$  and  $F(D' \times I)$  be the surface-links obtained from F by the surgeries along  $D \times I$  and  $D' \times I$ , respectively. Let  $F(D \times I, D' \times I)$ be the surface-link which is the union  $\delta \cup F_{\delta}^c$  of the plumbed disk

$$\delta = \delta_{D \times I, D' \times I} = D \times \partial I \cup Q \cup D' \times \partial I$$

and the surface

$$F_{\delta}^{c} = \operatorname{cl}(F \setminus (\partial D \times I \cup \partial D' \times I).$$

A once-punctured torus  $T^o$  in a 3-ball B is *trivial* if  $T^o$  is smoothly and properly embedded in B which splits B into two solid tori. A *bump* of a surface-link F is a 3-ball B in  $\mathbf{R}^4$  with  $F \cap B = T^o$  a trivial once-punctured torus in B. Let F(B) be a surface-link  $F_B^c \cup \delta_B$  which is the union of the surface  $F_B^c = \operatorname{cl}(F \setminus T^o)$  and a disk  $\delta_B$ in the 2-sphere  $\partial B$  with  $\partial \delta_B = \partial T^o$ .

A cellular move of a compact (possibly, bounded) surface P in  $\mathbb{R}^4$  is a compact surface  $\tilde{P}$  such that the intersection  $P^o = P \cap \tilde{P}$  is a once-punctured compact surface of P and  $\tilde{P}$  with  $d = \operatorname{cl}(P \setminus P^o)$  and  $\tilde{d} = (\tilde{P} \setminus P^o)$  disks in the interiors of P and  $\tilde{P}$ , respectively such that the union  $d \cup \tilde{d}$  is a 2-sphere bounding a 3-ball smoothly embedded in  $\mathbb{R}^4$  and not meeting the interior of  $P^o$ . Note that F(B) is uniquely determined up to cellular moves on the disk  $\delta_B$  keeping  $F_B^c$  fixed. For an O2-handle pair  $(D \times I, D' \times I)$  on a surface-link F, let  $\Delta = D \times I \cup D' \times I$  is a 3-ball in  $\mathbb{R}^4$ called the 2-handle union. Consider the 3-ball  $\Delta$  as a Seifert hypersurface of the trivial  $S^2$ -knot  $K = \partial \Delta$  in  $\mathbb{R}^4$  to construct a 3-ball  $B_\Delta$  obtained from  $\Delta$  by adding an outer boundary collar. This 3-ball  $B_{\Delta}$  is a bump of F, which we call the associated bump of the O2-handle pair  $(D \times I, D' \times I)$ . When the union of the 3-ball  $\Delta$  and a boundary collar of  $F_{\delta}^c$  are deformed into the 3-space  $\mathbf{R}^3 \subset \mathbf{R}^4$ , this associated bump  $B_{\Delta}$  is also considered as a regular neighborhood of  $\Delta$  in  $\mathbf{R}^3$ . It is observed that an O2-handle unordered pair  $(D \times I, D' \times I)$  on a surface-link F is constructed uniquely from any given bump B of F in  $\mathbf{R}^4$  with  $F(D \times I, D' \times I) \cong F(B)$ , [10]. Further, for any O2-handle pair  $(D \times I, D' \times I)$  on any surface-link F and the associated bump B, there are equivalences

$$F(B) \cong F(D \times I, D' \times I) \cong F(D \times I) \cong F(D' \times I)$$

which are attained by cellular moves on the disk  $\delta = \delta_{D \times I, D' \times I}$  keeping  $F_{\delta}^c$  fixed. A once-punctured torus  $T^o$  in a 4-ball A is *trivial* if  $T^o$  is smoothly and properly embedded in A and there is a solid torus V in A with  $\partial V = T^o \cup \delta_A$  for a disk  $\delta_A$  in the 3-sphere  $\partial A$ . A 4D bump of a surface-link F is a 4-ball A in  $\mathbf{R}^4$  with  $F \cap A = T^o$ a trivial once-punctured torus in A. A 4D bump A is obtained from a bump B of a surface-link F by taking a bi-collar  $c(B \times [-1, 1])$  of B in  $\mathbf{R}^4$  with  $c(B \times 0) = B$ . The following lemma is proved by using a 4D bump A.

**Lemma 2.1.** Let  $(D \times I, D' \times I)$  be any O2-handle pair on any surface-link F in  $\mathbb{R}^4$ , and T a trivial torus-knot in  $\mathbb{R}^4$  with any given spin loop basis (e, e'). Then there is an equivalence  $f : \mathbb{R}^4 \to \mathbb{R}^4$  from the surface-link F to a connected sum  $F(D \times I, D' \times I) \# T$  keeping  $F_{\delta}^c$  fixed such that  $f(\partial D) = e$  and  $f(\partial D') = e'$ .

**Proof of Lemma 2.1.** Let A be a 4D bump associated with the O2-handle pair  $(D \times I, D' \times I)$  on F. Let  $\delta_A$  be a disk in the 3-sphere  $\partial A$  such that there is a solid torus V in A whose boundary is the union of the trivial once-punctured torus  $P = F \cap A$  and the disk  $\delta_A$ . This solid torus V induces an equivalence  $f' : (\mathbf{R}^4, F) \to (\mathbf{R}^4, F(D \times I, D' \times I) \# T)$  sending P to the connected summand  $T^o$  of a connected sum  $F(D \times I, D' \times I) \# T$  in A. Let  $(\tilde{e}, \tilde{e}')$  be the spin loop basis of  $T^o$  which is the image of the spin loop pair  $(\partial D, \partial D')$  on F under f'. There is an orientation-preserving diffeomorphism  $g : \mathbf{R}^4 \to \mathbf{R}^4$  with  $g|_{\mathrm{cl}(\mathbf{R}^4 \setminus A)} = 1$  such that  $g(\tilde{e}, \tilde{e}') = (e, e')$ , [4], [5], [10]. The composition f = gf' is a desired equivalence. This completes the proof of Lemma 2.1.

A surface-link F has only unique O2-handle pair in the rigid sense if for any O2handle pairs  $(D \times I, D' \times I)$  and  $(E \times I, E' \times I)$  on F with  $(\partial D) \times I = (\partial E) \times I$ and  $(\partial D') \times I = (\partial E') \times I$ , there is an equivalence  $f : \mathbf{R}^4 \to \mathbf{R}^4$  from F to itself keeping  $F_{\delta}^c$  fixed such that  $f(D \times I) = E \times I$  and  $f(D' \times I) = E' \times I$ . It is proved that every surface-link F has only unique O2-handle pair in the rigid sense, [10]. A surface-link F has only unique O2-handle pair in the soft sense if for any O2-handle pairs  $(D \times I, D' \times I)$  and  $(E \times I, E' \times I)$  on F attached to the same connected component, say  $F_1$  of F, there is an equivalence  $f : \mathbf{R}^4 \to \mathbf{R}^4$  from F to itself keeping  $F^{(1)} = F \setminus F_1$  fixed such that  $f(D \times I) = E \times I$  and  $f(D' \times I) = E' \times I$ . A surface-link not admitting any O2-handle pair is understood as a surface-link with only unique O2-handle pair in both the rigid and soft senses. The following uniqueness of an O2-handle pair in the soft sense is essentially a consequence of the uniqueness of an O2-handle pair in the rigid sense.

Theorem 2.2 (Uniqueness of an O2-handle pair in the soft sense). Every ribbon surface-link has only unique O2-handle pair in the soft sense.

**Proof of Theorem 2.2.** Let  $(D \times I, D' \times I)$  and  $(E \times I, E' \times I)$  be any two O2-handle pairs on a surface-link F attached to the same connected component  $F_1$  of F. Let  $F^{(1)} = F \setminus F_1$ . By Lemma 2.1, there is an equivalences  $f : \mathbf{R}^4 \to \mathbf{R}^4$  from F to the connected sum

$$F(D \times I, D' \times I) \# T = F^{(1)} \cup \tilde{F}_1 \# T$$

keeping  $F^{(1)}$  fixed and sending  $F_1$  to  $\tilde{F}_1 \# T$ , where  $\tilde{F}_1 = F_1(D \times I, D' \times I)$  and T is a trivial torus-knot in  $\mathbb{R}^4$ . Similarly, there is an equivalences  $f' : \mathbb{R}^4 \to \mathbb{R}^4$  from F to the connected sum

$$F(E \times I, E' \times I) \# T' = F^{(1)} \cup \tilde{F}'_1 \# T'$$

keeping  $F^{(1)}$  fixed and sending  $F_1$  to  $\tilde{F}'_1 \# T'$ , where  $\tilde{F}'_1 = F_1(E \times I, E' \times I)$  and T' is a trivial torus-knot in  $\mathbf{R}^4$ . The diffeomorphism  $g = f'f^{-1} : \mathbf{R}^4 \to \mathbf{R}^4$  is an equivalence from  $F^{(1)} \cup \tilde{F}_1 \# T$  to  $F^{(1)} \cup \tilde{F}'_1 \# T'$  keeping  $F^{(1)}$  fixed. The connected sum  $\tilde{F}_1 \# T$  is obtained from the split union  $\tilde{F}_1 + T$  in  $\mathbb{R}^4$  by surgery along an embedded 1-handle h connecting a disk  $d_1 \subset \tilde{F}_1$  and a disk  $d \subset T$ , and the connected sum  $\tilde{F}'_1 \# T'$  is obtained from the split union  $\tilde{F}'_1 + T'$  in  $\mathbf{R}^4$  by surgery along an embedded 1-handle h' connecting a disk  $d'_1 \subset \tilde{F}'_1$  and a disk  $d' \subset \tilde{T}$ . Then there is a 4-ball A in  $\mathbb{R}^4$  such that  $T^o = A \cap (F^{(1)} \cup \tilde{F}_1 \# T)$  is a trivial once-punctured torus of T in A with  $d_1$  a disk bounded by the trivial knot  $\partial T^o$  in the 3-sphere  $\partial A$ . Similarly, there is a 4-ball A' in  $\mathbf{R}^4$  such that  $(T')^o = A' \cap (F^{(1)} \cup \tilde{F}'_1 \# T')$  is a trivial oncepunctured torus of T' in A' with  $d'_1$  a disk bounded by the trivial knot  $\partial(T')^o$  in the 3-sphere  $\partial A'$ . It may be assumed that  $g(\partial d_1) = \partial d'_1$  by sliding the attaching loop  $g(\partial d_1)$  in  $g(\tilde{F}_1 \# T)$  and/or the attaching loop  $\partial d'_1$  in  $\tilde{F}'_1 \# T'$ . Then it is assumed that  $q(T^o) = (T')^o$  (For a special case that  $q(T^0) = \operatorname{cl}(\tilde{F}'_1 \# T' \setminus (T')^o)$ , there is a deformation from g(A) into A' to obtain  $g(T^0) = (T')^o$ ). Further, by Lemma 2.1, it is assumed that  $g(f(\partial D), f(\partial D')) = (f'(\partial E), f'(\partial E'))$ . Then

$$(f'(\partial D), f'(\partial D')) = g(f(\partial D), f(\partial D')) = (f'(\partial E), f'(\partial E')).$$

Since every surface-link has only unique O2-handle pair in the rigid sense, there is an equivalence  $g' : \mathbf{R}^4 \to \mathbf{R}^4$  from  $F^{(1)} \cup \tilde{F}'_1 \# T'$  to itself keeping  $F^{(1)}$  fixed such that  $g'(f'(D) \times I, f'(D') \times I) = (f'(E) \times I, f'(E') \times I)$ . The composite equivalence  $g^* = (f')^{-1}g'gf : \mathbf{R}^4 \to \mathbf{R}^4$  is an equivalence from F to itself keeping  $F^{(1)}$  fixed and sending  $(D \times I, D' \times I)$  to  $(E \times I, E' \times I)$ . Thus, every surface-link F has only unique O2-handle pair in the soft sense. This completes the proof of Theorem 2.2.

The following corollary is obtained from the proof of Theorem 2.2.

**Corollary 2.3.** Let F and F' be surface-links with ordered components  $F_i$  (i = 1, 2, ..., r) and  $F'_i$  (i = 1, 2, ..., r), respectively. Assume that the stabilizations  $\overline{F} = F \#_i T$ ,  $\overline{F'} = F' \#_i T$  of F, F' with induced ordered components obtained by the connected sums  $F_i \# T$ ,  $F'_i \# T$  of the *i*th components  $F_i, F'_i$  and a trivial torus-knot T, respectively are equivalent by a component-order-preserving equivalence  $\mathbb{R}^4 \to \mathbb{R}^4$ . Then F is equivalent to F' by a component-order-preserving equivalence  $\mathbb{R}^4 \to \mathbb{R}^4$ .

**Remark 2.4.** For the case of ribbon surface-links F and F', Corollary 2.3 has a different proof, [9].

The proof of Lemma I is done as follows.

**Proof of Lemma I.** A surface-link F with r ordered components is kth handlereducible if F is equivalent to a stabilization  $F' \#_k n_k T$  of a surface-link F' for an integer  $n_k > 0$ , where  $\#_k n_k T$  denotes the stabilizer components  $n_k T$  attaching to the kth component of F'. Otherwise, the surface-link F is is said to be kth handleirreducible. Note that if a surface-link G is equivalent to a kth handle-irreducible surface-link F by component-order-preserving equivalence, then G is also kth handleirreducible. Let F and G be ribbon surface-links with components  $F_i$  (i = 1, 2, ..., r)and  $G_i$  (i = 1, 2, ..., r), respectively. Let  $F_*$  and  $G_*$  be handle-irreducible summands of F and G, respectively. Assume that there is an equivalence f from F to G. Then it is shown that  $F_*$  and  $G_*$  are equivalent as follows. Changing the indexes if necessary, assume that f sends  $F_i$  to  $G_i$  for every i.

Let

$$F = F_* \#_1 n_1 T \#_2 n_2 T \#_3 \dots \#_r n_r T,$$
  

$$G = G_* \#_1 n_1' T \#_2 n_2' T \#_3 \dots \#_r n_r' T.$$

If necessary, by taking the inverse equivalence  $f^{-1}$  instead of f, assume that  $n'_1 \ge n_1$ . If  $n'_1 > n_1$ , then there is a component-order-preserving equivalence  $f^{(1)}$  from the first-handle-irreducible surface-link

$$F_{(1)} = F_* \#_2 n_2 T \#_3 \dots \#_r n_r T$$

to the first-handle-reducible surface-link

$$G_* \#_1(n_1' - n_1)T \#_2 n_2'T \#_3 \dots \#_r n_r'T,$$

by Corollary 2.3, which contradicts the first handle-irreducibility. Thus,  $n'_1 = n_1$  and the first handle-irreducible surface-link  $F_{(1)}$  is equivalent to the first-handle-irreducible ribbon surface-link

$$G_{(1)} = G_* \#_2 n'_2 T \#_3 \dots \#_r n'_r T.$$

By continuing this process, it is shown that  $F_*$  is equivalent to  $G_*$ . This completes the proof of Lemma I.

#### 3. Proof of Lemma II

A chord graph is a pair  $(o, \alpha)$  of a trivial ink o and an arc system  $\alpha$  attaching to o in the 3-space  $\mathbb{R}^3$ , where o and  $\alpha$  are called a *based loop system* and a *chord system*, respectively. A chord diagram is a diagram  $C(o, \alpha)$  in the plane  $\mathbf{R}^2$  of a chord graph  $(o, \alpha)$  as a spatial graph. Let  $D^+$  be a proper disk system in the upper half-space  $\mathbf{R}^4_+$  obtained from a disk system  $d^+$  in  $\mathbf{R}^3$  bounded by o by pushing the interior into  $\mathbf{R}^4_+$ . Similarly, let  $D^-$  be a proper disk system in the lower half-space  $\mathbf{R}^4_-$  obtained from a disk system  $d^-$  in  $\mathbf{R}^3$  bounded by o by pushing the interior into  $\mathbf{R}^4_-$ . Let O be the union of  $D^+$  and  $D^-$  which is a trivial  $nS^2$ -link in the 4-space  $\mathbb{R}^4$ , where n is the number of components of o. The union  $O \cup \alpha$  is called a chorded sphere system constructed from a chord graph  $(o, \alpha)$ . The chorded sphere system  $O \cup \alpha$ up to orientation-preserving diffeomorphisms of  $\mathbf{R}^4$  is independent of choices of  $d^+$ and  $d^-$  and uniquely determined by the chord graph  $(o, \alpha)$  by the Horibe-Yanagawa lemma, [14, I]. A ribbon surface-link  $F = F(o, \alpha)$  is uniquely constructed from the chorded sphere system  $O \cup \alpha$  so that F is obtained from O by surgery along a 1-handle system  $N(\alpha)$  on O with core arc system  $\alpha$ , where note that the surface-link F up to equivalences is unaffected by choices of the 1-handle system  $N(\alpha)$ , [6], [9]. A multipunctured handlebody system V (smoothly embedded) in  $\mathbf{R}^4$  is a *semi-unknotted* multi-punctured handlebody system (or simply a SUPH system) for a surface-link F in  $\mathbf{R}^4$  if  $\partial V = F \cup O$  for a trivial S<sup>2</sup>-link O in  $\mathbf{R}^4$ . Note that the numbers of connected components of F and V are equal. The following lemma makes a characterization of a ribbon surface-link, [14, II], [27].

**Lemma 3.1.** A surface-link F is a ribbon surface-link if and only if F admits a SUPH system V in  $\mathbb{R}^4$ .

**Proof of Lemma 3.1.** A SUPH system V for a ribbon surface-link F is constructed from a chorded sphere system  $O \cup \alpha$  by taking the union of a thickening  $O \times [0, 1]$  of O in  $\mathbb{R}^4$  and the 1-handle system  $N(\alpha)$  attaching only to  $O \times 0$ . Conversely, given a SUPH system V in  $\mathbb{R}^4$  with  $\partial V = F \cup O$  for a trivial S<sup>2</sup>-link O, then take a chord system  $\alpha$  in V attaching to O so that the frontier of the regular neighborhood of  $O \cup \alpha$  in V is parallel to F in V. The chorded sphere system  $O \cup \alpha$  shows that F is a ribbon surface-link. This completes the proof of Lemma 3.1.

Let F be a surface-link of components  $F_i$  (i = 1, 2, ..., r) in  $\mathbb{R}^4$ . Let F # T be the connected sum of F and a trivial torus-knot T in  $\mathbb{R}^4$  consisting of the components  $F_1 \# T, F_i$  (i = 2, 3, ..., r). Assume that F # T is a ribbon surface-link. By Lemma 3.1, let V be a SUPH system for F # T in  $\mathbb{R}^4$ . Let  $V_1$  be the component of V for  $F_1 \# T$  and write  $V_1 = U \#_{\partial} W$ , a disk sum for a multi-punctured 3-ball U and a handlebody W. The following lemma is needed to prove Lemma II.

**Lemma 3.2.** For a suitable spin loop basis  $(\ell, \ell')$  for  $T^o$ , there is a spin simple loop  $\tilde{\ell}'$  in the ribbon-surface-link  $F_1 \# T$  with intersection number  $\operatorname{Int}(\ell, \tilde{\ell}') \neq 0$  in  $F_1 \# T$  such that the loop  $\tilde{\ell}'$  bounds a disk D' in the handlebody W.

**Proof of Lemma 3.2.** Consider a disk sum decomposition of the handlebody W into solid tori  $S^1 \times D_j^2$  (j = 1, 2, ..., g) pasting along mutually disjoint disks. Let  $(\ell_j, m_j)$  be a longitude-meridian pair of the solid torus  $S^1 \times D_j^2$  for all j. The loop basis  $(\ell_j, m_j)$  for  $S^1 \times D_j^2$  is chosen to be a spin loop basis in  $\mathbb{R}^4$  for all j, [4], K21. By a choice of a spin loop basis  $(\ell, \ell')$  for  $T^o$ , the loop  $\ell$  meets a meridian loop  $m_j$  with a non-zero intersection number in  $\partial W$ . The loop  $m_j$  is taken to be a loop  $\tilde{\ell'}$  in  $F_1 \# T$  bounding a disk D' in W with intersection number  $\operatorname{Int}(\ell, \tilde{\ell'}) \neq 0$  since  $m_j$  bounds a meridian disk  $1 \times D_j^2$  of the solid torus  $S^1 \times D_j^2 \subset W$ . This completes the proof of Lemma 3.2.

The following lemma is obtained by using Lemma 3.2.

**Lemma 3.3.** There is a stabilization  $\overline{F}$  of the ribbon surface-link F # T in  $\mathbb{R}^4$  consisting of the components  $\overline{F}_1, F_i \ (i = 2, 3, ..., r)$  where  $\overline{F}_1$  is the connected sum of  $F_1 \# T$  and trivial torus-knots  $T_i \ (i = 1, 2, ..., m)$  for some  $m \ge 0$  such that the surface-link  $\overline{F}$  has the following conditions (i) and (ii).

(i) There is an O2-handle pair  $(D \times I, D' \times I)$  on  $\overline{F}$  attached to  $\overline{F}_1$  such that the surface-link  $\overline{F}(D' \times I)$  is a ribbon surface-link with trivial 1-handles  $h'_i$  (i = 1, 2, ..., m) attached.

(ii) There is an O2-handle pair  $(E \times I, E' \times I)$  on  $\overline{F}$  attached to  $\overline{F}_1$  such that the surface-link  $\overline{F}(E' \times I)$  is F with trivial 1-handles  $h''_i$  (i = 1, 2, ..., m) attached.

**Proof of Lemma 3.3.** Let  $p_i$  (i = 0, 1, ..., m) be the intersection points of transversely meeting simple loops  $\ell$  and  $\tilde{\ell}'$  in  $F_1 \# T$  given by Lemma 3.2. For every i > 0, let  $\alpha_i$  be an arc neighborhood of  $p_i$  in  $\ell$ , and  $h_i$  a 1-handle on F # T with a core arc  $\hat{\alpha}_i$  obtained by pushing the interior of  $\alpha_i$  outside the SUPH system V. Let  $\overline{F} = F \# T \#_{i=1}^m T_i$ be a stabilization of F # T with the component  $\overline{F}_1 = F_1 \# T \#_{i=1}^m T_i$  obtained from  $F_1 \# T$  by surgery along the disjoint trivial 1-handle system  $h_i (i = 1, 2, ..., m)$ . Let  $\alpha_i^+ = \alpha_i \cup (h_i \cap \ell)$  be the arc in  $\ell$  extending  $\alpha_i$ . Let  $\tilde{\alpha}_i$  be a proper arc in the annulus  $cl(\partial h_i \setminus h_i \cap F \# T)$  which is parallel to the core arc  $\hat{\alpha}_i$  of  $h_j$  in  $h_i$  with  $\partial \tilde{\alpha}_i = \partial \alpha_i^+$ . Let  $\tilde{\ell}$  be a simple spin loop in  $\bar{F}$  obtained from  $\ell$  by replacing  $\alpha_i^+$  with  $\tilde{\alpha}_i$  for every i > 0, which meets  $\ell'$  transversely in just one point. Let  $W^+(D')$  be the handlebody obtained from the handlebody  $W^+ = W \cup_{i=1}^m h_i$  by removing a thickened disk  $D' \times I$ of D'. The manifold  $V^+(D')$  obtained from the SUPH system  $V^+ = V \cup_{i=1}^m h_i$  for the ribbon surface-link  $\overline{F}$  by replacing  $W^+$  with  $W^+(D')$  is a SUPH system for a surface-link  $\bar{F}'$  in  $\mathbb{R}^4$  consisting of  $F_i$  (i = 2, 3, ..., r) and a component  $\bar{F}'_1$  with genus reduced by 1 from  $\bar{F}_1$ . By Lemma 3.1,  $\bar{F}'$  is a ribbon-surface-link in  $\mathbb{R}^4$ . The SUPH system  $V^+$  for  $\overline{F}$  is a disk sum of  $V^+(D')$  and a solid torus  $W_1$  with the disk D' as a meridian disk and the loop  $\ell$  as a longitude. Let  $d_W = V^+(D') \cap W_1$  be the pasting disk between  $V^+(D')$  and  $W_1$ , which is regarded as a 1-handle  $h_W$  joining  $V^+(D')$ and  $W_1$ . Let  $(E \times I, E' \times I)$  be an O2-handle pair on F # T in  $\mathbb{R}^4$  attached to  $T^o$ with  $(\partial E, \partial E') = (\ell, \ell')$  in Lemma 3.2. Let A be a 4D bump of the associated bump B of  $(E \times I, E' \times I)$ . In the case of (i), since there is no need to worry about the intersection of A with  $E \cup E'$ , the 4D ball A is deformed so that  $V^+ \cap A = W_1 \cup h_W$ by observing that  $V \setminus V_1$  and U are disjoint from A by construction of A and by taking spine graphs of  $W^+(D')$ ,  $W_1$  and  $h_W$ . Then the loop  $\tilde{\ell}$  bounds a disk D in A not meeting the interior of  $W_1$  and  $h_W$ . This means that there is an O2-handle pair  $(D \times I, D' \times I)$  on the surface-link  $\overline{F}$  such that  $\overline{F}(D' \times I)$  is a ribbon surface-link with trivial 1-handles  $h'_i$  (i = 1, 2, ..., m) attached, showing (i). For the case of (ii), note that the 1-handles  $h_i (i = 1, 2, ..., m)$  on F # T are deformed isotopically in A into 1-handles  $h''_i$  (i = 1, 2, ..., m) on F # T disjoint from the disk pair (E, E') because the core arcs of the 1-handles  $h_i$  (i = 1, 2, ..., m) are deformed to be disjoint from the disk pair (E, E') in A. The surface-link  $\overline{F}(E' \times I)$  which is equivalent to  $\overline{F}(E \times I, E' \times I)$ is the surface-link F with the trivial 1-handles  $h''_i$  (i = 1, 2, ..., m) attached, showing (ii). Thus, the proof of Lemma 3.3 is completed.

The following lemma is a combination of Lemma 3.3 and the uniqueness of an O2-handle pair in the soft sense (Theorem 2.2).

**Lemma 3.4.** If a connected sum F # T of a surface-link F and a trivial torus-knot T in  $\mathbb{R}^4$  is a ribbon surface-link, then F is a ribbon surface-link.

**Proof of Lemma 3.4.** Let  $F\#T = F_1\#T \cup F_2 \cup \cdots \cup F_r$  be a ribbon surfacelink for a trivial torus-knot T. By Lemma 3.3 (i), the surface-link  $F'' = \overline{F}(D \times I, D' \times I)$  equivalent to  $\overline{F}(D \times I)$  is a ribbon surface-link and further the surface-link  $F^*$  obtained from F'' by the surgery on O2-handle pairs of all the trivial 1-handles  $h'_i$  ( $i = 1, 2, \ldots, m$ ) is a ribbon surface-link. By Lemma 3.3 (ii), the surface-link  $\overline{F}(E \times I, E' \times I)$  equivalent to  $\overline{F}(E \times I)$  is the surface-link F with the 1-handles  $h''_i$  ( $i = 1, 2, \ldots, m$ ) trivially attached. By an inductive use of Theorem 2.2 (Uniqueness of an O2-handle pair in the soft sense), the surface-link F is equivalent to the ribbon surface-link F is equivalent to the ribbon surface-link  $F^*$ . Thus, F is a ribbon surface-link and the proof of Lemma 3.4 is completed.

Lemma II is a direct consequence of Lemma 3.4 as follows.

**Proof of Lemma II.** If a stabilization  $\overline{F}$  of a surface-link F is a ribbon surface-link, then F is a ribbon surface-link by an inductive use of Lemma 3.4. This completes the proof of Lemma II.

#### 4. Proofs of Theorems 1.4 and 1.5

The proof of Theorem 1.4 is done as follows.

**Proof of Theorem 1.4.** The 'if' part of Theorem 1.4 is seen from the definition of a ribbon surface-link. The proof of the 'only if' part of Theorem 1.4 uses the fact that every surface-link is made a trivial surface-knot by surgery along a finite number of possibly non-trivial 1-handles, [6]. The connected summand  $F_2$  of  $F_1 \# F_2$ is made a trivial surface-knot by surgery along 1-handles within the 4-ball defining the connected summand  $F_2$ , so that the surface-link F changes into a new ribbon surface-link and hence  $F_1$  is a stable-ribbon surface-link. By Corollary 1.2,  $F_1$  is a ribbon surface-link. By interchanging the roles of  $F_1$  and  $F_2$ , the connected summand  $F_2$  is also a ribbon surface-link. This completes the proof of Theorem 1.4.

For the proof of Theorem 1.5, the following lemma is used.

**Lemma 4.1.** Let K be an  $S^2$ -knot in  $S^4$  obtained from a trivial surface-knot F of genus n in  $S^4$  by surgery along disjoint 2-handles  $D_i \times I$  (i = 1, 2, ..., n). Then there is a disjoint O2-handle pair system  $(D_i \times I, D'_i \times I)$  (i = 1, 2, ..., n) on F in  $S^4$  if and

only if K is a trivial  $S^2$ -knot. in  $S^4$ .

**Proof of Lemma 4.1.** If there is a disjoint O2-handle pair system  $(D_i \times I, D'_i \times I)$  (i = 1, 2, ..., n) on F in  $S^4$ , then K is a trivial  $S^2$ -knot by Corollary 1.3. Note that the 2-handle system  $D_i \times I$  (i = 1, 2, ..., n) on F is a 1-handle system on K. If K is a trivial  $S^2$ -knot, then the 1-handle system  $D_i \times I$  (i = 1, 2, ..., n) on the trivial  $S^2$ -knot K is always a trivial 1-handle system on K, [6]. Hence there is a disjoint O2-handle pair system  $(D_i \times I, D'_i \times I)$  (i = 1, 2, ..., n) on F in  $S^4$ . This completes the proof of Lemma 4.1.

The proof of Theorem 1.5 is done as follows.

**Proof of Theorem 1.5.** Let L be an S<sup>2</sup>-link of r trivial components  $L_i$ , (i = 1) $1, 2, \ldots, r$ ). For r = 1, L is a trivial S<sup>2</sup>-knot and there is nothing to prove. Assume that the sublink L' consisting of the trivial components  $L_i$ , (i = 1, 2, ..., r - 1) is a ribbon S<sup>2</sup>-link. Let W be a SUPH system in  $\mathbf{R}^4 \subset S^4$  with  $\partial W = L' \cup O$  for a trivial  $S^2$ -link O. Since the connected components of L' are 2-spheres, there is a compact connected oriented 3-manifold  $V_r$  in  $S^4$  with  $\partial V_r = L_r$  and  $V_r \cap L' = \emptyset$ . Let  $\alpha$  be an arc system in W spanning O such that the closed complement  $cl(W \setminus N(\alpha))$  is identified with a boundary collar  $L' \times [0, 1]$  of L' in W with  $L' \times 0 = L'$  where  $N(\alpha)$  is a regular neighborhood of  $\alpha$  in W which is written as a trivial disk fiber bundle  $d \times \alpha$  over  $\alpha$ . Since  $V_r \cap L' = \emptyset$ , it can be assumed that  $(L' \times [0, 1]) \cap V_r = \emptyset$  and the interior of the disk fiber  $d \times x$  for a point x of  $\alpha$  meets  $V_r$  transversely with a simple proper arc system and a simple loop system. By deforming  $V_r$ , the interior of the disk fiber  $d \times x$  meets  $V_r$  transversely only with a simple proper arc system  $\beta$ . As a result, the intersection  $N(\alpha) \cap V_r$  is assumed to be a thickening  $\beta \times [0,1]$  of  $\beta$ . A regular neighborhood of  $\beta \times [0,1]$  in  $V_r$  is a 1-handl system  $h(\beta)$  on  $L_r$ . By adding a disjoint 1-handle system  $h^+$  on  $L_r$  embedded in  $V_r$ , the closed complement  $H = cl(V_r \setminus (h(\beta) \cup h^+))$  is a handlebody of genus, say n. Let  $F = \partial H$ . Let  $H^0$  be a oncei-punctured handlebody obtained from H by removing a 3-ball with  $\partial H^0 = F \cup O^H$ . The union  $W \cup H^0$  is a SUPH system for the surface-link  $L' \cup F$  in  $S^4$ , so that  $L' \cup F$  is a ribbon surface-link in  $S^4$  by Lemma 3.1. A meridian disk system  $D_i$  (i = 1, 2, ..., n) of the handlebody H disjoint from the 2-sphere  $O^H$  produces a 2-handle system  $D_i \times I$  (i = 1, 2, ..., n) on F whose surgery produces the trivial S<sup>2</sup>-knot  $L_r$ . By Lemma 4.1, there is a disjoint O2-handle pair system  $(D_i \times I, D'_i \times I)$  (i = 1, 2, ..., n) on F. Let  $B(O) \cup B(O^H)$  be a disjoint 3-ball system bounded by the trivial  $S^2$ -link  $O \cup O^H$ . Consider that the SUPH system  $W \cup H^0$  is given by  $(O \times [0,1] \cup N(\alpha)) \cup (O^H \times [0,1] \cup N(\alpha^H))$  for a chorded sphere system  $(O \cup O^H, \alpha \cup \alpha^H)$  with a regular neighborhood  $N(\alpha) \cup N(\alpha^H)$ of the chord system  $\alpha \cup \alpha^H$  in  $W \cup H^0$ . Then the disk system  $D_i$  (i = 1, 2, ..., n)

is a meridian disk system of  $N(\alpha^H)$  of the chord system  $\alpha^H$ . By construction, the intersections  $B(O) \cap D_i = \alpha \cap D_i$  (i = 1, 2, ..., n) are taken to be  $\emptyset$ . Further, it may be also assumed that the intersections  $B(O) \cap D'_i = \emptyset$  (i = 1, 2, ..., n) by moving the 3-ball system B(O) in  $S^4$ . By general position,  $\alpha \cap D'_i = \emptyset$  (i = 1, 2, ..., n). Then the disjoint O2-handle pair system  $(D_i \times I, D'_i \times I)$  (i = 1, 2, ..., n) on F is a disjoint O2-handle pair system on the ribbon surface-link  $L' \cup F$  in  $S^4$ . By Corollary 1.2,  $L = L' \cup L_r$  is a ribbon  $S^2$ -link. Then the fundamental group  $\pi_1(S^4 \setminus L, x_0)$  is known to be a torsion-free group, [13]. By induction on r, the proof of Theorem 1.5 is completed.

## 5. Conclusion

Ribbonness of a stable-ribbon surface-link shown in Theorem 1.1 is applied to determine Ribbonness of some classes of surface-links as they are shown in Theorems 1.4 and 1.5. For this last theorem, it would be an interesting problem to consider when a general surface-link with trivial components is a ribbon surface-link. Ribbonness of a surface-link relates not only to smooth unknotting conjecture for a surface-link leading to classical and 4D smooth Poincaré conjectures, but also to J. H. C. Whitehead asphericity conjecture for aspherical 2-complex and Kervaire conjecture on group weight, [3], [7], [13], [15], [16], [17], [24]. In another direction, it may be an interesting problem to observe a canonical relationship between a ribbon surface-knot and a knot diagram, [12]. In conclusion, ribbon surface-knot theory will be a tool to studies of low dimensional topology.

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